# HOW TO GIVE A BLOWDOB HE'LL NEVER FORGET



Jenna Jenkins

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Female Masturbation Techniques – Get
Mind Blowing Orgasms Again & Again!
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& Drive Your Lover Wild!

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## Introduction

Welcome, ladies! First of all, congratulations! You've made a bold, life-changing decision to join the ranks of the sexually adventurous. So pat yourself on the back, go on!

Get ready to get wild, because the bedroom is never going to be the same.

You already know what we're here to talk about, so let's just dive right in. You want to be an oral-sex goddess; you want men to tremble before you every time you get on your knees...and I'm here to help.

Not only does oral sex make a man

really feel like a man, but it creates a deeper connection between you and your partner.

A great blowjob is the perfect way to

show your partner that you really care, and learning new techniques proves beyond a doubt that you care about his pleasure.

If you're feeling nervous, don't worry.

When I first started giving oral sex,

well, there's no nice way to say it; I was a mess. I didn't know the first thing about giving head, and I hated doing it because I felt completely inadequate. It got to the point that I avoided giving blowjobs at all cost and even started refusing to let

men perform oral sex on me, feeling that there was no way I could return the pleasure.

That's when I decided that things had to change. I needed to learn more about blowjobs and gain the confidence that I needed to give great head.

So I did.

# Let Me Give You a 'Head'-Start

In all seriousness, the tips you'll find in this book were all gained through experience, along with a few carpet burns! Spending plenty of time on your knees is a great way to perfect your technique, but I wish I'd had a how-to book of tips and tricks in the beginning.

I'm not a sex-therapist, I don't have a Ph.D.in the history of the penis, I'm not even an ex-call girl... I'm just a gal who loves to give great head and wants to help other ladies out there do the same.

### This Is Unlike Most How-To Books You've Read

All the tips and tricks in this book will be clear and easy to understand and implement.

There won't be any scientific terms or borderline gross anatomy explanations. I'm just another one of your girlfriends, sitting on your couch drinking a Cosmo and telling you how to rock your man's world.

Over the course of this book, we'll move from the basic blowjob to more advanced super-spicy tips. You'll understand the components of a great blowjob and learn more than you'd ever You won't believe how easy it is to give great head once you've read this book.

imagined about your man's penis and its

great head once you've read this book. Your new porn-star moves are going to shock and amaze your man.

One word of caution; once you've gotten through this book you'll be ready to conquer any cock, but don't rush into things.

Enthusiasm is one thing, but if you...well, dive in too quickly your man might feel like you're just trying to "get it over with."

Oral sex is all about showing your man

that if you're racing to the finish line. If you do race through oral sex you run the risk of your partner feeling insignificant. So even if you're eager, take a deep breath and move slowly and sensually.

that you appreciate him, and you can't do

# Are You Ready? We're going to dive into the wild w

We're going to dive into the wild world of oral sex head first, so be sure to open your mind and cast off your inhibitions!

# Swallowing Your Fear

Let's begin with some common problems and fears that women have surrounding performing oral sex.

There are a whole host of reasons why some women don't enjoy giving oral sex, but most fall into three categories.

If hygiene issues, the fear of underperforming, or the idea that performing oral sex on a man is a subservient act stops you in your tracks and leaves your man to take care of himself, you've come to the right place.

Remember what I said about opening your mind? Do your best to dispel any

head about oral sex.

The idea that the penis is somehow

previous notions you have stuck in your

"dirty" or "unsanitary" is a very common problem for women.

Let's get real ladies; do you think his bits are any dirtier than yours? Because they're not.

I find that with most women this fear is based more psychologically than a fear of physical dirt or germs. Women are conditioned to believe that girls who "go down" are dirty.

#### Performing Oral Sex DOES NOT Make You A Slut

It makes you a caring and devoted lover. It's the 21st century, and modern women should feel liberated, independent, and free of silly social limitations forced on our mothers and grandmothers.

Nowadays, not only dirty girls can get

Nowadays, not only dirty girls can get down! Never be ashamed of performing oral sex.

Now, if your issue is actually centered on your man's cleanliness, that's easily solved.

If he's a little musky or sweaty down there after a long day, there's nothing wrong with asking him to take a quick



# Getting What You Want Is All About How You Ask For It

The absolute easiest way to get him in the shower is, obviously, to get in with him. Try this line, "Hey, baby, want to get cleaned up together first?" In combination with slowly dropping your towel as you wiggle your way towards the bathroom, this move will have him soaping up faster than you've ever seen.

Another common hygiene-related complaint centers around...ahem, excessive hairiness. There's nothing sexy about coughing up a hairball after you've finished giving a super spicy blowjob.

This problem is a little trickier to tackle

and requires a rather delicate conversation. Try something along these lines; "Honey, I'd be able to please you so much better if you cleaned up just a little down there. I could help you..." Be delicate, because you don't want to

embarrass your man.

# A Little "Manscaping" Is Very Common These Days

Fortunately, I've never met a man who said no to a little trimming for the sake of more enthusiastic oral sex. There's a catch here, though. If you don't trim down there (though I'm pretty sure if you're reading this book you do) be prepared for him to expect a fair trade! If it's not your man's musky scent, but

If it's not your man's musky scent, but your own fear of underperforming that's holding you back, well, relax honey. Sit back and I'll tell you a little secret; if your willing mouth is going anywhere near his member with any sort of regularity, he's happy. Not just happy, but thrilled. So take a breather, because

when your lips are wrapped around him he's not exactly analyzing your technique.

Still struggling? Well don't worry, because once you've finished this book your confidence will be soaring.

This last one really gets me.

# Don't Let Oral Sex Make You Feel Like A Slave

Women have told me that performing oral sex on their lover makes them feel "slavish" or "subservient." I honestly can't understand what they mean.

Have you ever really looked at a man

enjoying a great blowjob? The unsuppressed ecstasy on his face, his head tilted back, eyes closed, mouth slightly open, legs spread wide...this is a man totally and completely under your spell. You are absolutely in a position of power on your knees. You are pleasing him totally, driving him absolutely crazy with your mouth, and believe me he won't forget it.

You're in control here! Take your power back, because it was never actually gone in the first place.

There, now. Are you feeling better? I

hope I've set your mind at peace a little. You have a lot less to worry about than you think, and the biggest problems that most women have with performing oral sex are easily solved.

Ready to get started?

#### Get Started NOW – Don't Wait For Him To Ask!

I'm sure I don't have to tell you that the best way to start a blowjob is by giving your man a stiff erection.

This part shouldn't be hard, because I'm sure he's usually pretty ready to go, but these super easy tips will make him hotter for you than he's ever been.

# Give Him A Private Striptease Show!

Nothing is hotter than to start off with a striptease where you literally show off your body curves while stripping and looking at him lustfully.

Play around with your feminine assets (your breasts, your butt) and run your fingers over them like a dirty girl would!

This is GUARANTEED to give him a hard-on, unless well... you don't have the killer curves. (If that's so, then check out the Guides to Increase Your Sexual Appeal! section for some quick fix in this area)

First of all, girl, your man's penis can

take a lot rougher treatment than our lady parts. We like it delicate and slow and smooth...men don't have quite as many nerve endings (poor guys!) so you can feel free to be a little rougher with him. Here's a favorite move of mine!

# **Grab & Massage**

Step 1: Walk up to him out of the blue, look him intensely in the eyes and grab his package through his pants and squeeze. Not like you're squeezing a stress ball, girl, but put a little pressure behind it.

**Step 2:** Give him a little bit of a massage down there until you feel him starting to harden.

The key to this move is confidence. Don't be hesitant or shy! This is about letting yourself go. Especially if you usually take the backseat on getting your lovemaking started, showing your dominant side will drive him nuts! I'm sure you're already an expert on getting your man hard with your hands, so let's move on to something a little bit more challenging.

Use this move when you're already in bed (or heading for it) and looking for a lovemaking session.

# The Passionate Stroke

**Step 1:** Have your man lay down on his back, naked, and get on your hands and knees.

Step 2: Let your eyes roam over him slowly before kissing him deeply. Kiss and lick your way slowly down his body, paying special attention to his neck, chest (don't be shy with his nipples, I've found that most guys love to have them licked and stroked!), and lower belly and hip bones.

By the time you've reached his manhood, it will already be hard as a rock and ready for your mouth. If it needs a little help, try this. It sounds strange, but

(Optional) Step 3: Hold your hand palm down and point your fingers towards the

works like a charm.

down, and point your fingers towards the floor with a gentle curve so that you're hand looks like a crane-game claw.

**Step 4:** Very lightly stroke from the base of his penis to the tip with your curved hand several times.

**Tip:** all of your fingertips should be connecting with his manhood while you're stroking. This move sounds odd, but it's a totally different sensation that will just make him more eager for your mouth.

Now here's a challenge for when you're

feeling adventurous. Get your man hard without touching him down there at all. The key?

# Talk Dirty

Now don't panic. Talking dirty can be easy once you know the "secrets".

By the way, I've just created a quick read guide that will teach you how to talk dirty in just an hour from now. It's called "Dirty Talk Secrets" and you can check it out here:

http://www.amazon.com/dp/B00AMUON

You don't even have to be classically "dirty" to turn your man on. Basically all you have to do to dirty talk your man into a pants-tenting frenzy is, drum roll please....tell him what you're going to do to him.

Here's a loose example that you can

tweak for your own use: "Baby, I want you so bad. You look so sexy in those jeans...I can't wait to take them off. I'm going to suck your dick right here."

# Don't be afraid to be dirty!

Dick, cock, suck, lick...repeat these words to yourself until you can say them without blushing. Your man's member will be straining his jeans when he hears you talking like a dirty girl.

### Some hints:

Speak in a low voice very close to his ear, tickling it with your moving lips. Or kiss him intermittently as you murmur your dirty thoughts to him.

You can run your hands over his chest and shoulders, but don't let them stray below his waist!

If he still needs a little help getting hard once you've gotten his pants off (though he probably won't), stimulate him with your mouth. Let your hot breath tease him, and gently lick the tip of his member like an ice cream cone, and he'll be standing at attention in no time.

You know the best ways to give your man an erection, these are just some of my personal favorites. Blend them into your lovemaking to spice things up, or use your own methods to get him ready. However you do it, make sure he's nice

and hard before you blow his mind.

So you've got your man all ready, right?

There's just one more thing you have to do before we start.

#### Your Attitude

Your attitude is the most important part about oral sex, and lucky for you it's also the easiest thing for you to control.

Your clear enjoyment of and enthusiasm for getting down is what's going to make this blowjob special for your man. So turn on your natural "naughty girl" mode and let your lust flow!

You're going to be armed with tons of hot and sexy new tips and a sizzling new attitude, so get excited to get on your knees!

## The Components of the Perfect Blowjob

There are tons of positions that are perfect for giving blowjobs and you should experiment to see what works best with you. I'll run through some hot ones that work great for me.

There's always the classic:

#### **Getting On Your Knees**

It's sexy, spicy, and your man will absolutely love seeing you on your knees in front of him.

A variation of this position would be having him sit down with you remaining in the same position.

I think this is more intimate because it makes it easier for you to touch each other. Having your partner lay down on the bed with you on your hands and knees above him is also a great option. Of course, there's also 69-ing, but we'll get into that a little later.

Some tips to getting ready:

Make sure you're comfortable in your chosen position.

If you have long hair, I'd tie it back so that it doesn't get in your way or block your partner's view of the action.

Take a drink of water if you need one, and lick your lips to get them nice and moist as well.

Now, it's time to get down to "business".

## The Swallow

Don't just swallow him whole – make sure to take this nice and slowly.

**Step 1:** Hold his cock at the base with one hand to steady it, and also use this hand to gently pull his foreskin back if he has one.

Step 2: Open your mouth and lick the underside of his cock slowly from the top to where your hand is, or swirl it around the head of his cock. Explore him thoroughly with your tongue before you even take him into your mouth.

**Step 3:** Now open your mouth, making sure your jaw is nice and loose. You don't want to get a cramp during this!

Step 4: If you can, try to cover up your bottom teeth by spreading out your tongue slightly. If you can't do this, don't worry about it, but make sure to keep him well away from your teeth.

Step 5: Round your mouth slightly, making sure your lips are nice and wet and hold him against your lips. Tighten your lips a little as you slowly take him into your mouth, mimicking the tightness he would feel as he entered you somewhere a little lower.

**Step 6:** Slide your way as far down as you feel comfortable, taking as much of him into your mouth as you can.

Pause a moment here, and let yourself adjust to the feeling of him in your mouth. Notice the warmth and the hardness of his cock, the smoothness of his skin...

#### Let yourself enjoy what you're doing.

Giving oral pleasure to a man can be almost as much fun for you as it is for him. Take a deep breath, and remember to keep breathing the entire time. Most importantly, have fun with it!

Step 7: Begin to slide slowly your mouth slowly back and forth on his penis. taking as much of him as you can before pulling your mouth back to his head.

Remember to keep your mouth rounded and tightened around him. When you have vaginal sex with your partner, the tightness of your body around his penis causes extraordinary pleasure.

Recreating this tightness with your mouth

is an easy way to take your blowjob to the next level instantly.

If you're still confused about how to create it, put two of your fingers in your mouth (wash your hands first!). Notice the difference in feeling when your lips are slack compared to when you squeeze them slightly around your fingers. Now try sucking in slightly with your lips tight around your fingers. There you go!

**Step 8:** After teasing your partner with your slow movements for a little while, you can start to pick up the pace. Begin moving your head faster, keeping this idea of tightness in mind.

As you grow more confident, you can use the sucking motion you tried on your fingers to help pull his cock deeper into your mouth as you move forward and make the sensation more intense for him at the same time.

It's all about pace – start out slowly and build up your pace. Don't be shy about any slurping sounds that may sneak out as you start to move faster. He'll love them.

These eight steps are, in a nutshell, what you need to know to give a blowjob.

Easy, right?

That's it.

But wait, I'm forgetting something, aren't I? There's one more thing in your mouth with your partner's member, and it makes the difference between an OK blowjob and a mind-blowing one.

I'll give you a hint, it's the strongest muscle (compared to its size) in your entire body.

### **Move Your Tongue, Baby**

There aren't really any rules here girls, just try different things and see what works for your partner. Swirl your tongue around his head before you begin to take him back into your mouth again. Curl it against his shaft when he's already deep in your mouth. Take a break if your jaw starts to hurt and just use your tongue.

You know that little band of skin on the underside of the head of his penis? It's called the frenulum. This funnily-named little piece of skin is extremely sensitive. Try flicking it gently with your tongue and see how he reacts!

Did you ever imagine that giving great head could be this easy? Once it's all laid out it's so simple!

We've gone through everything that you should be doing with your mouth during a great blowjob. Using your lips to create tightness, your mouth to create suction, and your tongue for added sensation you'll have your lover's knees shaking in no time.

Before you run off to the bedroom for some mouth-on experience, I need to tell you something important.

During a great blowjob your mouth should only be doing half the work!

Confused? Don't be. Remember that your hand was wrapped around the base of your partner's shaft? Well it's time to get hands-on, girls.

#### It's All in the Wrist

It's called "giving head" but that doesn't mean you shouldn't use your hands! Here's how.

**Step 1:** Make sure that if you're going to use your hands a lot (and you should!) that you get your man's dick nice and wet. This shouldn't be a problem, but we wouldn't want to create unnecessary friction. The slipperier, the better.

Basically, you should be using your hands as an extension of your mouth. I'm specifically talking about your "stabilizer" hand right now.

**Step 2:** When you're pulling your mouth

hand to follow you, stroking towards the tip. Keep your fingers wrapped snugly around him to create that ever-important feeling of tightness.

Step 3: When you move your mouth

off of your guy's member, allow your

forward to swallow him again, stroke back towards the base of his penis. Get it? It's like a hand job, but just on the

portion of his penis that isn't always in your mouth. Simple, right?

Don't think that your other hand is off the hook though! This is your chance to engage some of your partner's other pleasure spots in the action.

#### The Untold Pleasure Spot Most Women Don't Know

Stroke, massage and gently squeeze his inner thighs. The inner thighs have a lot of nerve endings and are super sensitive, especially now.

Run your hand up his body to caress his abs and hips. Don't be shy, reach around him and give his butt a nice, firm squeeze! A super-sexy move that I love is to reach around, grab his butt and use it to pull his cock even further into my mouth.

## Play With His "Family Jewels"

Another great way to occupy your hands is to gently play with his "family jewels." That's right ladies, lots (and I mean lots) of guys love to have their balls stroked, squeezed, and massaged.

The key here is the word "gentle."
Testicles are very delicate things. In fact, some men don't like to have them touched at all. The easiest way to find out how your man feels about ball play is to ask him. Give him a smoldering glance while you're on your knees in front of him and murmur sexily, "Can I play with your balls?"

Once you've gotten the go-ahead, here's

Cup his sack delicately in your hand and squeeze very lightly. Run your fingers

how to handle his most delicate part:

delicately over the soft skin down there. Just be sure that, however you decide to handle them, you keep your ministrations very delicate. You've seen a guy get kicked down there, right? Not pretty, so take care.

You can also use your mouth on to lick,

tease, and suck his balls and make him weaker at the knees than that kick!
Here's how.

**Step 1:** Remove your mouth from his penis, making sure to him stimulated with your hand.

Step 2: Stick out your tongue and gently lick his sack. Try different ways of moving your tongue; see what makes him moan!

Step 3: When he's thoroughly turned on,

open your mouth and very gently suck one of his balls into your mouth, rolling it around slightly with your tongue.

Repeat with the other.

Make sure your guy is into ball-play before you make one of these bold moves, but if he is they'll pay off big-time!

Wanna kick the heat up a notch? Make sure you use this one in a position where your partner has a clear view of you. Be If you want to drive him crazy, you can use your other hand to touch yourself.

brave and turn the lights on, ladies!

I know, I know, a blowjob is supposed to be all about <u>his</u> enjoyment, right? I don't think so!

Your man will be even more turned on knowing how much you're enjoying yourself. So pinch and tug on your nipples, or let your hand sneak between your legs. Moan with him deep in your mouth – the vibrations will drive him crazy!

Simple, right? Using these techniques for your hands and mouth together will drive

your man insane, **guaranteed**.

So start practicing!

Actually, there's one more thing that we should cover before you run off to the bedroom, because you're going to encounter it very, very soon.

### The Big Finish

That's right, I'm talking about his moment of glory; his big O.

A perfect finish is the best way to end a great blowjob, and it will leave him starry-eyed and wanting more. A little extra attention paid here will make this moment even more intense for your guy, so it's worth it to get creative!

A great way to make sure you don't get caught unawares at the big moment is to simply ask your guy to let you know when he's going to finish.

Believe me, he knows.

Have him say it aloud, or work out some

sort of signal. He could tap your shoulder or say a special word...whatever you want. But make sure he knows to tell you, so you can be prepared.

## When he starts to come, do not stop! This is important!

Continuing to stimulate him while he orgasms with make it even more intense, but if you stop suddenly it could "kill" his orgasm.

The most conventional finish (for good reason) would be to let your man ejaculate in your mouth. Finishing in your warm, wet mouth is similar to finishing you-know-where, so it's

You're faced with a dilemma at that

obvious why he would enjoy it.

point. The classic question. Spit or swallow?

This is your choice, obviously, but I'm going to tell you why you should swallow. Some men feel somewhat rejected if you rush off to spit out their semen after a blowjob.

How would you feel if he ran out of bed to use some mouthwash after he went down on you? So get real – it's already in your mouth.

You'll still be able to taste it just as much if you spit it out as if you swallow

it, so why not just swallow? It's easier, sexier, and you run no risk of making your partner feel unwanted.

If your lover's semen has a particularly strong taste, try encouraging him to drink more water. If a man is drinking plenty of water and has a relatively healthy diet, his semen shouldn't taste strong or offensive.

# I strongly encourage you to give swallowing a try at least once, but if you

Don't Fear The Fluid!

mouth.

swallowing a try at least once, but if you really can't face it there are lots of sexy other ways to finish him off.

For any fluid-shy ladies out there, you

Step 1: When you remove your mouth, begin stroking him, trying to maintain the pace that you were using with your

can also finish your man using only your

Make sure you've left his penis nice and wet with your oral attentions so you don't tug at his sensitive skin. Things will get even slipperier with his semen,

**Step 2:** Continue to stroke from base to tip and back, slowing down as his

so don't worry too much about it.

orgasm deepens.

Many men become very sensitive after their orgasm, so it's good to back off slightly as he nears completion.

No sweat, right? This is a perfectly pleasurable way to finish a great blowjob, but now I'll share some insanely sexy dirty-girl secrets with you.

You've all seen it in porn, guys love finishing on various parts of the female body. (And why not, we're damn sexy!)

There are two perennial favorites that

I'm sure you're aware of – the breasts and the face.

I don't personally see why some women object to having their partner ejaculate on parts of their body. It all comes back to the issue of submitting sexually, but as I have already mentioned:

#### There Is No Submission Here

Pleasuring your partner is not a submissive act, and receiving his fluids onto your body isn't either. You have the power here, ladies!

This is all about your choice, and allowing your man to finish on your pretty face or breasts will give him some visual stimulation that he will absolutely never forget. So give these two porn-star inspired moves a try!

To let your man finish on your face, follow these simple steps.

**Step 1:** Pull your mouth off of him at the last possible moment.

**Step 2:** Shut your eyes tightly! Semen burns badly if you get it in them. Eyes closed? Good.

Step 3: Keeping a sexy little smile on your lips, continue to stroke your partner's cock with your "stabilizer" hand swiftly, slowing down as he becomes more immersed in his orgasm.

Make sure to keep your eyes shut until you're sure he's finished. Then open them, give him a smoldering glance and, if you feel comfortable, slowly lick your lips. He will be putty in your hands!

If he's aiming a little lower, the process is pretty much the same.

**Step 1:** Continue to suck him until the last possible moment.

**Step 2:** Then pull your mouth off, and lean back a little to give him a great view.

**Step 3:** Continue stroking his penis as before, but use your other arm to lift up your breasts to display them better and create more cleavage.

**Step 4:** Pump him slowly until he is totally finished, and then if you really want to make his head spin, slowly rub his semen around on your breasts, concentrating on your nipples.

This dirty girl technique alone will have

But hang on, what if you don't have big

your man panting for you constantly!

enough breasts to play this game? Well, all is not lost!

# You Can Have Bigger Breasts Without Surgery!

Let's face it. Men *crave* rounder, firmer breasts and deep cleavages. It's simply a sex symbol and they are instinctively arousing to men. So if you want your guy to desire for your body, then there's no better way than to have those beautiful and round breasts.

Unfortunately, not all ladies are born with those sexy curves men would just die for. So, most ladies just end up getting a "boob job".

But what they don't know is that according to the *New York Times*, 8 out of 10 women who had a boob job

suffered from ruptured silicone breast implants.

So trust the statistics, these quick-fix surgeries are the last thing you want in your life.

Thankfully, there's a safer way to get bigger breasts naturally. And that's covered in a guide I came across Amazon the other day. You can check out the guide here:

http://www.amazon.com/dp/B0080R7O0

Check out the book and reviews, this is the only natural breast enhancement guide I've ever seen that seems to be working for many women around the



#### Making Your Man Worship You

Did you ever imagine that it would be so easy? And the good news is... I have lots more spicy porn-star moves that are going to make your man worship you.

Before reading on, I'd highly recommend re-reading the last three sections and getting down and dirty with your new skills!

Practice makes perfect, right? And this is the sexiest kind of practice there is. So get to your bedroom and see how these techniques work for you. Master the basics, and then move on to the more advanced techniques we'll cover in the



#### The Elusive Deep-Throat

I hope you took a short break to try out your new skills! Are you ready for something a little trickier? Good, because now we're going to talk about the most talked-about oral sex technique; the elusive deep-throat.

Deep-throating your partner is an amazing sensation for him because of the extreme tightness of your throat.

### Don't be scared, deep-throating is easier than you think!

But to set your minds at ease I'll tell you this right now; you do not have to be able to deep-throat to give an amazing

blowjob. So if you've tried and you just can't, don't worry about it, but I do have some tips that might help you get there.

Deep-throating is when you take all of

your man's member into your mouth, resulting in the tip of his penis sliding down into your throat.

Here's how to execute this intense (but shockingly easy) move.

Step 1: When you're taking your partner back into your mouth, move your "stabilizer" hand and keep your mouth moving, all the way down to the base of his penis. The ease of this move depends largely on how long he is.

head of his cock pressing against it, allowing it to pass into your throat. Swallowing around his member can help you adjust to the feeling.

Step 3: Remain calm and breathe deeply

through your nose to keep from gagging. Pause when you've taken him all the way

**Step 2:** Relax your throat as you feel the

down, breathing slowly and deeply.

You won't be able to move your mouth or tongue when deep-throating, so don't worry about anything other than keeping your throat relaxed and controlling your

**Step 4:** Keep your partner's member in your throat for as long as you feel

breath.

**Step 5:** You can move back and forth slightly as well to increase the

stimulation for your partner.

comfortable.

The best positions for deep-throating are those in which your neck remains as straight as possible. This keeps your throat open, reducing the chance that you'll gag on your partner's penis.

Try it when you're on your knees in front of him, or you can try this spicy position; lie down on your back on the bed and let your head hang slightly over the side so that it tilts back slightly. Your throat remains very open in this position.

Have your partner stand above your head and open your mouth, allowing him to slide his cock all the way into your mouth and down your throat. Control your breathing and you'll be absolutely fine. Try this out, it's a serious thrill for your man!

# Got A Gag-Reflex? ... and it's so bad you can hardly stand the dentist? Don't worry, there are ways

to work on it. My favorite involves eating sweet treats!

Step 1: Grab your favorite flavor

ones) and pop it into your mouth.

Step 2: Move your treat progressively further back on your tongue until you find

popsicle or lollipop (the big rounded

the spot where you start to gag.

Once you know that, you can start to work on moving your reflex further and further back. You have to condition yourself to learn to accept something intruding in your throat, which your body

or lollipop to help train yourself, when you try to deep-throat your partner you'll have a much easier time.

What do you think? Much simpler than

is trying to reject. If you use a popsicle

you thought, right?

Deep-throating is an impressive but

uncomplicated skill, and if you work a little on your gag reflex you'll be able to deep-throat your man in no time. But deep-throating isn't the only way to spice up your blowjob.

There are tons of spicy tricks that can

turn a basic blowjob into something truly memorable.

So you've mastered the basics and want to learn some new tricks, huh?

Think of these additions as spices to add to your basic blowjob recipe! Try these sexy tips to make your man's dirty dreams come true. You'll feel like a real sex kitten when you whip these out!

#### Ways to Spice up The Basic Blowjob

One of my favorite ways to spice up a blowjob is to literally...

#### Add Some Flavour!

Try a flavored lube for some extra slip that tastes sweet. Or you could sexily squirt some whipped cream onto your guy's package and then slowly lick it off. Chocolate sauce, caramel, whatever you're in the mood for, or try them all!

An easy and fun way to keep your man on his toes (literally) during oral is to...

#### Play Around With Sensation

Here are some sexy ways to do it. Try swirling an ice cube around your mouth before you start sucking him. Too frosty?

You could also drink a hot beverage to warm your mouth up. Not thirsty?

Try humming when your man is deep in your mouth or throat. The sensation of your throat vibrating will drive him crazy!

Last but not least, some men like a little bit of teeth with their blowjob. Use this one with extreme caution, because too much teeth is never a good thing!

Start very slowly by letting your teeth

very gently graze his shaft. I wouldn't let your teeth anywhere near his head, though. It's too sensitive.

Sensation isn't the only way to change up the classic blowjob. Try this sexy tip when you're feeling wild.

#### **Look At Him Lustfully**

Look up at your lover's face when you're giving him a blowjob and meet his eyes. Don't look away as you continue to suck on him. The sustained eye contact will drive him nuts!

Here's another great tip.

#### Pleasure Yourself

This is GUARANTEED to turn the heat up. Yes, I'm talking about mutual masturbation.

Nothing turns a guy on more than to see their partner enjoying themselves sexually, while giving them a great head at the same time!

Don't believe me? Try it the next time.

Now, I know most girls don't need help with that. But if you ever find yourself looking for spicier ways to play with yourself, you can either click on the URL below or visit the link on your browser:

http://www.amazon.com/dp/B009Q6PE/

#### Trigger His G-Spot

Did you know that men have a G-spot too? It's called the perineum and part of his prostate gland. This special spot is located between his testicles and his anus (the area also called his taint.)

Massaging this spot can during a blowjob, specifically a few moments before his orgasm, can be intensely pleasurable for your partner.

Using one or two fingers, firmly massage this spot using small circular motions. He may be a little surprised at first, but you can be sure he'll thank you after!

Now ladies, this last trick is something you'll really enjoy too!

Why should your partner have all the fun? I think you know what I'm talking about! Yes, I'm talking about...

#### 69-ing

For those of you who don't know, 69ing is when both partners perform oral sex on each other at the same time. It's not nearly as intimidating as it sounds, and it's seriously fun.

The best position for this is to have your man lay down on the bed and climb on top, cowgirl! Put your knees above his shoulders, facing his feet. Put your hands down near his hips. Getting the picture?

You can use any of the tricks you've learned in this position, but it may be a little tough to keep your mind on what you're doing when your man is distracting you!

Combine these dirty-girl tips and tricks in any way you desire. Use them all separately, or try some together. Any of them will instantly spice up the basic blowjob and keep your man waiting eagerly to see what you'll do next!

# Congratulations girls! You've officially got a graduate degree in super spicy,

**Congratulations!** 

man-pleasing oral sex.

I hope this book helped you grow more comfortable with giving blowjobs and generally getting more in touch with your sex-kitten self.

Share these dirty tips with your girlfriends, and see if they have some for you!

If you use these tips and tricks your man will be gasping for breath in no time.

Remember, two keys to a great blowjob are confidence and enjoyment. If you are

totally confident in your sexuality (and you should be, you gorgeous thing!) it will shine through in your actions.

Confidence is a total turn on! And

knowing that you're enjoying yourself when you're pleasuring him will put your man right over the top. So enjoy yourselves because with the tricks you've learned, I know your men will!

Oh, and just before I end...

#### I Need Your Help...

As you probably know, I've condensed all the bedroom tips and tricks for oral sex I've discovered into this guide and it wasn't an easy ride. It literally took me hours and hundreds of "sex" hours (haha).

Unfortunately with the rising popularity of this guide, it has attracted more attention – both good and bad, from potential readers and competing authors alike.

Recently, it has been brought to my attention that more and more authors on Kindle are resorting to unethical means to improve their book sales. What I

to purchase Kindle books from other authors, and post false 1-star reviews about them. This way, it will help reduce their competitors' sales (especially since book reviews help customers make a buying decision), which improves their book sales indirectly. I'm not sure if this guide is already a

mean is they will actually pay reviewers

victim of such unethical practice but looking at the current trend, I believe it's only a matter of time.

So if you did learn something from this guide – no matter how big or small you think it is – could you please take a

moment to leave a positive review for this guide on Amazon?

You can go to <a href="http://www.amazon.com/dp/B009JUZQV">http://www.amazon.com/dp/B009JUZQV</a> or search for my book on Amazon, and click on "Write a review".

It'll only take you a few minutes but your ONE review will go a long way to make sure this guide doesn't fall prey to such unethical practices. Oh and BTW, constructive suggestions to improve the book are welcomed too!

I'll appreciate it a great deal!

-- Jenna

## Guides to Increase Your Sexual Appeal!

Bigger Busts In Weeks - Gain 2 Cup Sizes In 8 Weeks Without Any Surgery! http://www.amazon.com/dp/B0080R7O0

Bigger Butt Now - How to Get Bigger Butt Quickly! <a href="http://www.amazon.com/dp/B008OKM2">http://www.amazon.com/dp/B008OKM2</a>

Double Chin No More - How to Get Rid of A Double Chin! (Natural Beauty) <a href="http://www.amazon.com/dp/B008RBYN">http://www.amazon.com/dp/B008RBYN</a>

Ten Years Younger NOW - "How to Look Younger" Secrets Revealed! (Beauty Tips) <a href="http://www.amazon.com/dp/B0095VLD1">http://www.amazon.com/dp/B0095VLD1</a>

### Other Books by Jenna: Female Masturbation Techniques – Get

Mind Blowing Orgasms Again & Again! <a href="http://www.amazon.com/dp/B009Q6PE/">http://www.amazon.com/dp/B009Q6PE/</a>

Dirty Talk Secrets - How to Talk Dirty & Drive Your Lover Wild!

& Drive Your Lover Wild! http://www.amazon.com/dp/B00AMUO1